

Psychomotorik in der Schule

Psychosomatic Motor Disorder Therapy in School

Psychosomatic motor disorder therapy is offered by the primary school. It is available to children, parents, teachers and other relevant persons, free of charge.

Children with retarded development show signs in their movement; they cannot sit still, they move clumsily and stumble over their own feet or they are very anxious and inhibited and avoid any sort of movement. The possible causes of such behaviour are varied and manifold.

When a child has problems with movement, it also finds it difficult to learn and make social contact. A restless child has difficulty in concentrating. An anxious, clumsy child lacks self-confidence and abstains from learning. Such children need support to help them to develop properly.

There is a connection between observation, thinking, moving and emotions. Recognising this enables psychosomatic motor disorder therapy to promote the development of the child. It is important to identify and use their strengths. An essential factor for a successful therapy is the collaboration between parents and teachers in the form of consultation and support.

Psychosomatic therapists have studied full time at a university or other accredited specialist college and have a state-recognised diploma.

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